

# Britain's Best Eco-Hotels



**Strattons Hotel**

## **Old Pines Hotel, Spean Bridge, Scotland**

Tel: 01397 712 324

[www.oldpines.co.uk](http://www.oldpines.co.uk)

Set in a picturesque location in the beautiful Scottish Highlands, Old Pines Hotel is surrounded by magnificent mountain scenery. You can take a stroll down the quiet country lanes for amazing views of Ben Nevis, Loch Lochy and the Great Glen.

A real warm and friendly welcome awaits you and you will be greeted with fresh tea and home-made scones. The bedrooms are cosy yet luxurious and there are comfy sofas, real fires and a library of books to enjoy in the sitting rooms where you can relax and enjoy the informal atmosphere. The restaurant offers organic, home-cooked food.

A great family hotel, children are especially welcome and there are two family rooms and a family suite, with cots and high chairs available. There's also an outdoor play area and games and DVDs to keep kids amused in the evenings.

Old Pines actively recycle as much waste as possible, including composting all kitchen waste, using leftovers for their chickens. They use eco-friendly cleaning products, a renewable electricity supplier and low-voltage bulbs. They also have a reedbed system to purify waste water before it is returned to the stream.

## **Lancrigg Vegetarian Country House Hotel, Easedale, Grasmere, Cumbria**

Tel: 01539 435 317

[www.lancrigg.co.uk](http://www.lancrigg.co.uk)

An unusual, charming, rambling country house overlooking the valley of Easedale, Lancrigg is the perfect vegetarian retreat for those seeking peace, quiet and nature. Set within superb grounds featuring wonderful displays of daffodils, bluebells,

azaleas and rhododendrons in the woods and hedgerows. Wild red deer can often be seen in the evening, there are stoats, badgers, foxes and a vast variety of birds from treecreepers to peregrine falcons. Just half a mile from Grasmere village with its Wordsworth connections, the magical English Lake District is just moments away.

Each of the rooms at Lancrigg has a unique character. The bedrooms are cosy and comfortable and extremely quiet (there is a total absence of traffic noise) except for the sound of the nearby waterfalls and birdsong.

The Green Valley Organic Cafe and Vegetarian Restaurant at Lancrigg is fully certified organic. The food is freshly prepared with an emphasis on international vegetarian cuisine. Most of the dishes have vegan alternatives and special diets can be catered for. There is an extensive selection of organic wines, beers and unusual spirits. You can relax and enjoy the wonderful vegetarian cuisine in the elegant Georgian dining room, where meals are served overlooking the valley.

## **Strattons Hotel, Swaffham, Norfolk**

Tel: 01760 723 845

[www.strattonshotel.co.uk](http://www.strattonshotel.co.uk)

Strattons is a small, family run hotel in the historic Market town of Swaffham. Situated in the Brecks, a unique and beautiful landscape stretching across Suffolk and Norfolk, ideal for walking, jogging, cycling and horse riding on the ancient track ways and peaceful forest trails. The breathtaking North Norfolk coast and its tranquil bird reserves are nearby, as is the historic city of Norwich.

The originally designed rooms have an individual, cool and funky, contemporary style. The award winning restaurant serves organic and locally



Primrose Valley Hotel



Lancrigg Vegetarian Hotel

sourced produce in an exciting modern English style, complimented by fabulous cheeses from the British Isles and wines from all over the world.

The hotel aims to provide luxury without sacrifice to the environment. Goods are locally sourced and only 2% of waste goes to landfill. Bathroom products are not tested on animals and there are low energy light bulbs and water saving hippos in toilet cisterns. The garden features a variety wildlife friendly habitats, including shelter, water and feeding areas, along with a fabulous deer sculpture made by a local artist from recycled iron and steel.

### Paskins, Brighton, East Sussex

Tel: 01273 601 203

[www.paskins.co.uk](http://www.paskins.co.uk)

Located just off Brighton's Marine Parade, Paskins comprises two late Regency townhouses converted into a 19-room B&B hotel in the heart of one of Victorian England's most well preserved conservation areas. A stay at Paskins promises to evoke memories of a more gracious age and allow you to explore buzzing Brighton with its sea air, esplanade and Victorian pier.

Each of the rooms has been individually designed, some with four-poster beds. All have hospitality trays, colour television, direct dial telephones, central heating and cosy duvets on the beds and most have irons and ironing boards. There is a tasteful art deco breakfast room, where you can sample the delicious and healthy vegetarian breakfasts, made using fresh organic and farm local produce. All tea and coffee at the hotel is fair trade.

All toiletries are guaranteed not tested on animals. The toilet paper is either made from recycled paper or produced from a sustainable wood source. Cleaning materials are biodegradable and

lighting uses mainly low energy bulbs. There is a discount for members of the Vegetarian Society, Vegan Society or Amnesty International.

### Primrose Valley Hotel, St Ives, Cornwall

Tel: 01736 794 939

[www.primroseonline.co.uk](http://www.primroseonline.co.uk)

Primrose Valley is an award-winning green hotel, just seconds from the beautiful Blue Flag Porthminster beach. A short stroll along the beach will deliver you at St Ives with its multiple galleries, seafood restaurants and cobbled streets.

The hotel has a strong ethos of reducing its impact on the local environment. Over 60% of waste is recycled. Wooden floors are FSC approved and treated with environmentally friendly finishes. The hotel actively supports the Cornwall Wildlife Trust and the Marine Conservation Society and all printed material is printed locally on either recycled or sustainable papers, using vegetable inks.

The bedrooms are individually designed, many with handmade furniture and some with views of St Ives bay. There is also an open and comfortable lounge area with lots of books and magazines. You can sink into a sofa in the café bar or lounge and enjoy an espresso made with the finest coffee, a Cornish beer, Cornish cider or a glass of wine. The breakfasts are fantastic and the hotel is extremely passionate about using only food of the highest quality from producers and suppliers in Cornwall. Tea and coffee is fairly traded.

The hotel will be opening its exciting new REN therapy and treatment room in July, thoughtfully decorated in FSC wood and organic paints, where you can pamper yourself with a facial or body treatment using pure and natural beauty products, which are free from harmful chemicals. 🧴